

SUGAR FREE PUMPKIN PIE FLUFF

SERVINGS: 5 PREPPING TIME: 6 HRS COOKING TIME: 5 MIN

INGREDIENTS

- 1 box (3 oz) sugar free cheesecake or vanilla jello/pudding
- 8oz sugar free cool whip
- 1 can (15oz) pumpkin puree
- 2 TSP pumpkin pie spice
- 1 TSP vanilla extract
- Extra whipped cream & diced pecans for topping (optional)

DIRECTIONS

- 1. In a medium-sized mixing bowl, whisk together the pumpkin puree and pudding mix until smooth. Add the pumpkin pie spice and vanilla extract and stir until well combined.
- 2. Fold in the cool whip and stir until a smooth mixture forms. Spoon fluff into individual jars or a larger serving dish.
- 3. Cover and refrigerate for at least two hours.

 Serve chilled.
- 4. Optional add toppings such as whipped cream and diced pecans