

JELL-O ICE CREAM MOUSSE

SERVINGS: 5 PREPPING TIME: 6 HRS COOKING TIME: 5 MIN

INGREDIENTS

- 1 cup boiling water
- 1 box (3 oz) JELL-O (any flavor)
- 2 cups vanilla ice cream
- whipped cream, fresh fruit for garnish (optional)

DIRECTIONS

- 1. Whisk boiling water and gelatin in a large bowl for approximately two minutes, or until fully dissolved.
- 2. Add in vanilla ice cream and whisk until fully combined.
- 3. Pour evenly into four 6 ounce glass dessert dishes or clear plastic cups.
- 4. Refrigerate until firm, approximately one hour.
- 5. Garnish with whipped cream, and fresh fruit